

# cKAY NUTRITION

## Office Policy & Financial Agreement

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### I. Consent for Counseling

I give permission to *Carolina Espinosa Rodriguez, MS, RDN* to provide nutrition assessments and a nutrition care plan as deemed appropriate based on my particular medical and dietary needs. I understand it is my responsibility to inform my doctor(s) and my dietitian of any symptoms or relevant information that may help them optimize my nutritional and overall health.

### II. Communication

I understand that despite protective measure, emails are not always secure. As a result, correspondence and discussion about my healthcare and nutrition treatment plan between me and my dietitian will be limited to direct contact (face-to-face, by phone), or non-electronic written forms of communication unless I give permission by indicating below:

Carolina Espinosa Rodriguez can  / cannot  leave a message on my home/cell phone.

Carolina Espinosa Rodriguez can  / cannot  contact me by email.

### III. Cancellation Policy

I understand it is my responsibility to reschedule or cancel my appointment at least 24 hours in advance. If I do not reschedule or cancel my appointment within the required timeframe and/or do not attend a scheduled appointment, I agree to pay the full amount for the services that were scheduled to be provided.

### IV. Payment Policy

Paypal, Visa, Mastercard, and American Express are all accepted forms of payment when services are purchased online via the website *cKAY NUTRITION*. If providing services face-to-face, cash or checks with valid identification are accepted forms of payment. There is a \$35 fee for any returned checks.

### V. Financial Policy

I understand I am responsible for payment in full either in advance via online payment or by cash/check when services are rendered face-to-face.

**By signing below, I acknowledge I have read and understand all of the above office and financial policies and that these are in place to maintain my confidentiality and optimal care.**

First and Last Name

Client (Printed Name)

Signature

Client (Signature/Reprint name if emailing)

mm/dd/yy

Date

IF THERE ARE ANY QUESTIONS OR CONCERNS REGARDING THE ABOVE POLICIES,  
PLEASE CONTACT **CAROLINA ESPINOSA RODRIGUEZ, MS, RDN** AT 732.443.0295

Updated 01/2016